

Human Nutrition - Undergraduate

Freshman Year

Fall (12-15 Hours)		Spring (16-18 Hours)	
FSHN 101: Introduction to FSHN	3	CHEM 102: General Chemistry I	3
FSHN 125: Introduction to Human Nutrition*	1	CHEM 103: General Chemistry Lab I	1
ACES 101: Contemporary Issues in ACES	2	RHET 105: Writing and Research	4
CMN 101: Public Speaking	3	MATH 234: Calculus for Business or MATH 220: Calculus	4 5
Elective or Proficiency/Merit (CHEM, MATH) ¹	3-6	Elective/Gen Ed ²	3-6

Sophomore Year

Fall (16-18 Hours)		Spring (16-18 Hours)	
FSHN 220: Principles of Nutrition*	4	FSHN 426: Biochemical Nutrition I	3
CHEM 104: General Chemistry II	3	CHEM 232: Elementary Organic Chemistry I	4
CHEM 105: General Chemistry Lab II	1	CHEM 233: Elementary Organic Chemistry Lab I	2
MCB 244: Human Anatomy & Physiology I*	3	MCB 246: Human Anatomy & Physiology II*	3
STAT 100	3	Elective/Gen Ed ²	2-6
Elective/Gen Ed ²	2-4		

Junior Year

Fall (16-18 Hours)		Spring (16-18 Hours)	
FSHN 420: Nutritional Aspects of Disease*	3	FSHN 427: Biochemical Nutrition II*	3
MCB 100: Introduction to Microbiology	3	MCB 450: Introduction to Biochemistry	3
MCB 101: Introduction to Microbiology Lab	2	Elective/Gen Ed ²	10-12
Elective/Gen Ed ²	8-10		

Senior Year

Fall (16-18 Hours)		Spring (3-18 Hours)	
FSHN 300/400 elective	3	FSHN 300/400 elective	3
Elective/Gen Ed ²	13-15	Elective/Gen Ed ² as needed	0-15

*Course is offered only once per year during designated semester.

¹ To be decided based on placement tests.

² 24 hours of General Education courses are required. Also, an additional 27 hours of science courses will be required for a pre-health track.

(Updated April 2018)