

Dietetics and Nutrition, BS

Freshman Year

Fall Semester		
Course		Credits
FSHN 101	Intro Food Science & Nutrition	3
FSHN 123	FSHN Orientation to Illinois	1
FSHN 150	Intro to Dietetics	1
CHEM 101	Intro Chemistry	3
RHET 105	Writing & Research ^{1&2} OR ▼	3-4
CMN 101	Public Speaking ^{1&2}	
STAT 100	Statistics (QR1) ²	3
Total		14-15

Spring Semester		
Course		Credits
FSHN 232	Science of Food Preparation	3
CHEM 102	General Chemistry I ²	3
CHEM 103	General Chemistry I lab	1
HDFS 105	Intro to Human Development ²	3
RHET 105	Writing and Research OR ▼	3-4
CMN 101	Public Speaking ^{1&2}	
	HK 201, HK 207, HK 209 or STAT 212 (QR1 or 2) ²	
Total		16-18

Sophomore Year

Fall Semester		
Course		Credits
FSHN 220	Principles of Nutrition	4
FSHN 250	Nutritional Physiology I	3
CHEM 104	General Chemistry II ²	3
CHEM 105	General Chemistry II lab	1
HK 206	Health Care Systems	3
	Humanities & Arts/Cultural Studies/ Western ²	3
Total		17

Spring Semester		
Course		Credits
FSHN 251	Nutritional Physiology II	3
CHEM 232	Elementary Organic Chemistry ²	4
CHEM 233	Elementary Organic Chemistry Lab ²	2
	Humanities & Arts/Cultural Studies/ US Minorities ²	3
	Cultural Studies/ Non-Western ²	3
Total		15

Junior Year

Fall Semester		
Course		Credits
	Advanced Composition ²	3
FSHN 249	Food Service Sanitation	1
FSHN 340	Food Production and Service ^{2&6}	4
FSHN 345	Strategic Operations Management	3
	Social & Behavioral Sciences ^{2&5}	3-4
Total		14-15

Spring Semester		
Course		Credits
FSHN 322	Nutrition and the Lifecycle	3
FSHN 329	Communication in Nutrition	3
MCB 100	Intro Microbiology ²	3
MCB 101	Intro Microbiology Lab ²	2
	Dietetics Concentration Elective ³	3
Total		14

Senior Year

Fall Semester		
Course		Credits
FSHN 420	Nutritional Aspects of Disease	3
FSHN 422	Intro to Personalized Nutrition	3
FSHN 426	Biochemical Nutrition I	3
FSHN 428	Community Nutrition	3
FSHN 450	Dietetics: Professional Issues	2
Total		14

Spring Semester		
Course		Credits
FSHN 427	Biochemical Nutrition II	3
FSHN 429	Nutrition Assessment & Therapy	3
FSHN 459	Nutrition-Focused Physical Assessment	2
	Electives	4-6
Total		12-14

¹ CMN 111 & 112 can be substituted for RHET 105 and CMN 101. ALEC 115 can be substituted for CMN 101.

² Courses that can be taken during the summer.

³ Any course in CHLH numbered 300-499; any course in FSHN numbered 300-4992 ; HDFS 301, Infancy/Early Childhood; HDFS 305, Middle Childhood; HDFS 310, Adult Development; HDFS 322, US Latina/o Families; ETMA 311: Humanity in the Food Web any course in KIN numbered 300-4992 (Cannot be used to fulfill more than one requirement).

⁴ For full GenEd requirements, please visit the campus course catalog. Nine total hours of humanities/Cultural Studies are required; this requirement consists of one course in Non-Western, one course in U.S. Minority Culture, and one course in Western/Comparative Cultures.

⁵ Choose one of the following courses for a social and behavioral sciences: ANTH 101, ANTH 102, ANTH 103, ANTH 209, HDFS 220, PSYC 100, SOC 100.

⁶ Prerequisite: FSHN 232 and credit or concurrent registration in FSHN 249 and FSHN 345.