Dietetics and Nutrition, BS

Freshman Year

Fall Semester		
Course		Credits
FSHN 101	Intro Food Science & Nutrition	3
FSHN 150	Intro to Dietetics	1
CHEM 101	Intro Chemistry	3
CMN 101	Public Speaking OR ▼	3-4
RHET 105	Rhetoric and Composition ^{1&2}	
MATH 112	Algebra OR ▼	3
STAT 100	Statistics	
Total		12-15

Spring Semester		
Course		Credits
MATH 234	Calculus for Business I ²	4
FSHN 232	Science of Food Preparation	3
CHEM 102	General Chemistry I ²	3
CHEM 103	General Chemistry I lab	1
HDFS 105	Intro to Human Development ²	3
RHET 105	Writing and Research OR ▼	3-4
CMN 101	Public Speaking ¹	
Total		17-18

Sophomore Year

Fall Semester		
Course		Credits
FSHN 250	Nutritional Physiology I	3
CHEM 104	General Chemistry II ²	3
CHEM 105	General Chemistry II lab	1
FSHN 220	Principles of Nutrition	4
STAT 100	Statistics OR ▼	3
	Humanities/Cultural Studies ²	
	Humanities/Cultural Studies/US	3
	Minorities ^{2&3}	
Total		17

Spring Semester		
Course		Credits
FSHN 251	Nutritional Physiology II	3
CHEM 232	Elementary Organic Chemistry ²	4
CHEM 233	Elementary Organic Chemistry Lab ²	2
HK 206	Health Care Systems OR ▼	3
CHLH 250	Health Care Systems	
ACE 100	Intro to Applied Micro OR ▼	3-4
ECON 102	Microeconomic Principles or	
or 103	Macroeconomic Principles ²	
Total		15-16

Junior Year

Fall Semester		
Course		Credits
	Advanced Composition ²	3
FSHN 249	Food Service Sanitation	1
FSHN 340	Food Production and Service ^{2&6}	4
FSHN 345	Strategic Operations Management	3
	Social & Behavioral Sciences ²⁸⁵	3-4
Total		14-15

Spring Semester		
Course		Credits
FSHN 322	Nutrition and the Lifecycle	3
FSHN 329	Communication in Nutrition	3
MCB 100	Intro Microbiology ²	3
MCB 101	Intro Microbiology Lab ²	2
	Humanities/Cultural Studies/US Minorities ²⁸³	3
	Dietetics Concentration Elective ³	3
Total		17

Senior Year

Fall Semester		
Course		Credits
FSHN 450	Dietetics: Professional Issues	2
FSHN 420	Nutritional Aspects of Disease	3
FSHN 426	Biochemical Nutrition I	3
FSHN 428	Community Nutrition	3
	Humanities/Cultural Studies/US Minorities ^{2&3}	3
Total		14

Spring Semester		
Course		Credits
FSHN 427	Biochemical Nutrition II	3
FSHN 429	Nutrition Assessment & Therapy	3
FSHN 459	Nutrition-Focused Physical Assessment	2
	Electives	3-6
Total		

¹ CMN 111 & 112 can be substituted for RHET 105 and CMN 101.

² Courses that can be taken during the summer.

³ Any course in CHLH numbered 300-499; any course in FSHN numbered 300-4992; HDFS 301, Infancy/Early Childhood; HDFS 305, Middle Childhood; HDFS 310, Adult Development; HDFS 322, US Latina/o Families; ETMA 311: Humanity in the Food Web any course in KIN numbered 300-4992 (Cannot be used to fulfill more than one requirement).

⁴ For full GenEd requirements, please visit the campus course catalog. Nine total hours of humanities/Cultural Studies are required; this requirement consists of one course in Non-Western, one course in U.S. Minority Culture, and one course in Western/Comparative Cultures.

⁵ Choose one of the following courses for a social and behavioral sciences: ANTH 101, ANTH 102, ANTH 103, ANTH 209, HDFS 220, PSYC 100, SOC 100.

⁶ Prerequisite: FSHN 232 and credit or concurrent registration in FSHN 249 and FSHN 345.