

# Nutrition and Health, BS

## Sample Sequence

*This sample sequence is intended to be used only as a guide for degree completion. All students should work individually with their academic advisors to decide the actual course selection and sequence that works best for them based on their academic preparation and goals.*

<b>First Year</b>			
<b>FIRST SEMESTER</b>	<b>HOURS</b>	<b>SECOND SEMESTER</b>	<b>HOURS</b>
<b><u>FSHN 101</u></b>	<b>3</b>	<b><u>CHEM 102</u></b>	<b>3</b>
<b><u>CMN 101 or RHET 105</u></b>	<b>3 - 4</b>	<b><u>CHEM 103</u></b>	<b>1</b>
<b><u>CHEM 101</u></b>	<b>3</b>	<b><u>RHET 105 or CMN 101</u></b>	<b>3 - 4</b>
First Year Experience Seminar	<b>1</b>	<b><u>MATH 234 or MATH 220</u></b>	<b>4 - 5</b>
Quantitative Reasoning or General Education course	<b>3</b>	<b><u>FSHN 125</u></b>	<b>1</b>
		Language Other than English (3rd level) or General Education course	<b>3 - 4</b>
	<b>14</b>		<b>16</b>

<b>Second Year</b>			
<b>FIRST SEMESTER</b>	<b>HOURS</b>	<b>SECOND SEMESTER</b>	<b>HOURS</b>
<b><u>FSHN 220</u></b>	<b>4</b>	<b><u>FSHN 329 or 322</u></b>	<b>3</b>
<b><u>CHEM 104</u></b>	<b>3</b>	<b><u>CHEM 232</u></b>	<b>4</b>
<b><u>CHEM 105</u></b>	<b>1</b>	<b><u>CHEM 233</u></b>	<b>2</b>
General Education course	<b>3</b>	Major Elective	<b>3</b>
General Education course	<b>3 - 4</b>	General Education course	<b>3</b>
	<b>15</b>		<b>15</b>

<b>Third Year</b>			
<b>FIRST SEMESTER</b>	<b>HOURS</b>	<b>SECOND SEMESTER</b>	<b>HOURS</b>
<b><u>FSHN 422</u></b>	<b>3</b>	<b><u>FSHN 426</u></b>	<b>3</b>
<b><u>MCB 244</u></b>	<b>3</b>	<b><u>MCB 246</u></b>	<b>3</b>
<b><u>MCB 100</u></b>	<b>3</b>	Major Elective	<b>3</b>
<b><u>MCB 101</u></b>	<b>2</b>	General Education course	<b>3</b>
General Education course	<b>3</b>	General Education course	<b>3</b>
Free Elective	<b>3</b>	Free Elective	<b>3</b>
	<b>17</b>		<b>18</b>

<b>Fourth Year</b>			
<b>FIRST SEMESTER</b>	<b>HOURS</b>	<b>SECOND SEMESTER</b>	<b>HOURS</b>
<b><u>FSHN 420</u></b>	<b>3</b>	<b><u>FSHN 427</u></b>	<b>3</b>
<b><u>FSHN 417</u></b>	<b>3</b>	<b><u>FSHN 424</u></b>	<b>3</b>
<b><u>MCB 450</u></b>	<b>3</b>	Major Elective	<b>3</b>
Major Elective	<b>3</b>	General Education course	<b>3</b>
General Education course	<b>3</b>	Free elective	<b>3</b>
Free elective	<b>1 - 2</b>		
	<b>16</b>		<b>15</b>