

Dietetics & Nutrition – Undergraduate

Freshman Year

Fall (12-15 Hours)		Spring (18 Hours)	
FSHN 101: Intro Food Science & Nutrition	3	MATH 234: Calculus for Business I ²	4
FSHN 150: Introduction to Dietetics	1	FSHN 232: Science of Food Preparation	3
CHEM 101: Intro Chemistry	3	CHEM 102 & 103: General Chemistry I ²	4
CMN 101: Public Speaking or RHET 105 ¹ & ²	3-4	HDFS 105: Intro to Human Development ²	3
MATH 112: Algebra or STAT 100: Statistics	3	RHET 105: Writing and Research or CMN 101 ¹	3-4

Sophomore Year

Fall (17 Hours)		Spring (15-16 Hours)	
FSHN 250: Nutritional Physiology I	3	FSHN 251: Nutritional Physiology II	3
CHEM 104 & 105: General Chemistry II ²	4	CHEM 232 & 233: Elem Organic Chemistry & Lab ²	6
FSHN 220: Principles of Nutrition	4	CHLH 250: Health Care Systems	3
STAT 100: Statistics or Humanities/CS ²	3	ACE 100 or ECON 102 or ECON 103 ²	3-4
Humanities/Cultural Studies/US Minorities ² & ³	3		

Junior Year

Fall (14-15 Hours)		Spring (17 Hours)	
Advanced Composition ²	3	FSHN 322: Nutrition and the Lifecycle	3
FSHN 249: Food Service Sanitation	1	FSHN 329: Communication in Nutrition	3
FSHN 340: Food Production and Service ² & ⁶	4	MCB 100 & 101: Intro Microbiology & Lab ²	5
FSHN 345: Strategic Operations Management	3	Humanities/Cultural Studies/US Minorities ² & ³	3
Social & Behavioral Sciences ² & ⁵	3-4	Dietetics Concentration Elective ³	3

Senior Year

Fall (14 Hours)		Spring (12-15 Hours)	
FSHN 450: Dietetics: Professional Issues	2	FSHN 427: Biochemical Nutrition II	3
FSHN 420: Nutritional Aspects of Disease	3	FSHN 429: Nutrition Assessment & Therapy	3
FSHN 426: Biochemical Nutrition I	3	FSHN 459: Nutrition-Focused Physical Assess	2
FSHN 428: Community Nutrition	3	Electives	3-6
Humanities/Cultural Studies/US Minorities ² & ³	3		

¹ CMN 111 & 112 can be substituted for RHET 105 and CMN 101.

² Courses that can be taken during the summer.

³ Any course in CHLH numbered 300-499; any course in FSHN numbered 300-499²; HDFS 301, Infancy/Early Childhood; HDFS 305, Middle Childhood; HDFS 310, Adult Development; HDFS 322, US Latina/o Families; ETMA 311: Humanity in the Food Web any course in KIN numbered 300-499² (Cannot be used to fulfill more than one requirement).

⁴ For full GenEd requirements, please visit the campus course catalog. Nine total hours of humanities/Cultural Studies are required; this requirement consists of one course in Non-Western, one course in U.S. Minority Culture, and one course in Western/Comparative Cultures.

⁵ Choose one of the following courses for a social and behavioral sciences: ANTH 101, ANTH 102, ANTH 103, ANTH209, HDFS 220, PSYC 100, SOC 100.

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Prerequisite: FSHN 232 and credit or concurrent registration in FSHN 249 and FSHN 345.

Updated June 2023