

Sample Schedule for Human Nutrition Concentration

The below schedule is one example only. Your semester by semester plan will vary depending on your career track. You will meet with your Advisor, [Dr. Pan](#), and a counselor at the [Career Center](#) to determine your tailored 4 year plan.

FRESHMAN YEAR

Fall semester (12-15 hours)		Spring semester (16-18 hours)	
FSHN 101 Intro Food Science & Nutrition	3	CHEM 102 General Chemistry I	3
FSHN 125 Intro to Human Nutrition*	1	CHEM 103 General Chemistry Lab I	1
ACES 101 Contemporary Issues in ACES	2	RHET 105 Writing and Research	4
CMN 101 Public Speaking	3	MATH 234 Calculus for Business or 220 Calculus	4/5
Elective or Proficiency/Merit (CHEM, MATH) ¹	3-6	Elective/Gen Ed ²	3-6

SOPHOMORE YEAR

Fall semester (16-18 hours)		Spring semester (16-18 hours)	
FSHN 220 Principles of Nutrition*	4	FSHN 426 Biochemical Nutrition I	3
CHEM 104 General Chemistry II	3	CHEM 232 Elementary Organic Chemistry I	4
CHEM 105 General Chemistry Lab II	1	CHEM 233 Elementary Organic Chem Lab I	2
MCB 244 Human Anatomy & Physiology I*	3	MCB 246 Human Anatomy & Physiology II*	3
STAT 100	3		
Elective/Gen Ed ²	2-4	Elective/Gen Ed ²	4-6

JUNIOR YEAR

Fall semester (16-18 hours)		Spring semester (16-18 hours)	
FSHN 420 Nutritional Aspects of Disease*	3	FSHN 427 Biochemical Nutrition II*	3
MCB 100 Introductory Microbiology	3	MCB 450 Introductory Biochemistry	3
MCB 101 Intro Microbiology Laboratory	2		
Elective/Gen Ed ²	8-10	Elective/Gen Ed ²	10-12

SENIOR YEAR

Fall semester (16-18 hours)		Spring semester (3-18 hours)	
FSHN 300/400 elective	3	FSHN 300/400 Elective	3
Elective/Gen Ed ²	13-15	Elective/Gen Ed as needed ²	0-15

* Course is offered only once per year during designated semester.

¹ To be decided based on placement tests.

² 24 hours of General Education courses are required. Also, additional ~27 hours of science courses will be required for a pre-health track.